

## 2013 Athletics Alberta Coaching Awards

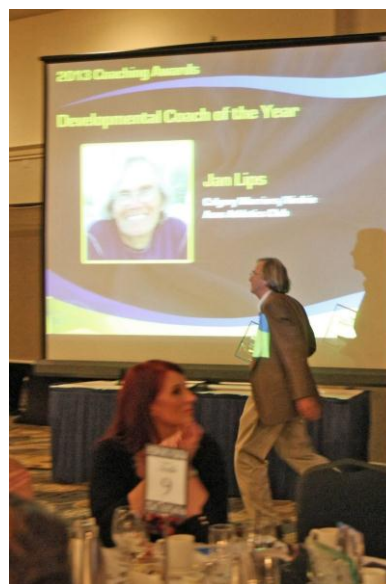
### 2013 Developmental Coach of the Year

#### Jan Lips

Jan is the head coach of not only the Calgary Warriors, he also coaches for Airdrie Aces Athletics Club, specializing in hurdles and multi events. Jan has been a Legion coach for Team Alberta and Western Canada Championships many times over the years, and continues to host his own hurdle camp every July at the grass roots level.

Jan has coached many great athletes over the years

- Tessa Grey competed nationally (400m hurdles) and ran for U of C
- David Holm competed nationally (800m, 400m hurdles) and internationally and earned a scholarship to a US school
- Allister McQueen, a ParaOlympian
- Kayti Simonson, competed nationally, medalist at Canada Games in 400m hurdles
- Mihai Prajea, national junior finalist in 400m hurdles, runs for Western Trinity University
- Jill MacEachen, competed nationally in hurdles and long jump and earned a US scholarship
- Rachel Machin, competed nationally and Internationally (high jump, heptathlon) and runs for U of Calgary
- Shauny Morrison, competed nationally and internationally (100m hurdles)
- Madison Evans, member of 2012 and 2013 National Legion Team, 300m hurdles
- Katelyn Yackel, member of 2013 National Legion Team, hurdles and combined events, holder of provincial records in 200m hurdles and pentathlon
- Katelyn Slessor, member of 2013 National Legion Team, holder of the provincial records in 80m hurdles outdoor and 60m hurdles indoor
- Scott Chalupiak, 2013 bronze medalist at Canadian Legions, provincial record holder in 800m indoor, 1200m indoor and outdoor, 1500m steeple chase





Jan talking to Olympian Angela Whyte, Alberta Female Athlete of the Year



And talking to Allister McQueen, Alberta Male Athlete of the Year



With board members John Yackel and Brian Smith at the Awards Banquet