

Warriors results at the Legion National Youth Championships in Langley, BC

Katelyn Slessor: 80m hurdles 4th in 11.92.

James Albers: 100m hurdles 4th in 14.64.

Madison Evans: 300m hurdles: 6th in 44.53; 100m hurdles 15th in 15.44.

Rachel Mathieson: long jump: 8th (4.77m), triple jump: 9th (10.35m). 100m no time in B final (equipment failure), 13.22 in preliminaries.

Katie Yackel: 80m hurdles: 10th in 12.28; 200m hurdles: 10th in 29.68.

Morgan Kravtsov: 80m hurdles: 12th in 12.38; 200m hurdles: 12th (30.56).

Liv Price: 80m hurdles: 13th in 12.41, 200m hurdles 16th after falling over the last hurdle.

Katelyn was very disappointed after her final in the hurdles. Hurdling is tricky in that way, a small mistake has often big consequences. Still, who would have predicted even a spot in the finals at nationals a few months ago (outside maybe me?). 4th in Canada is nothing to be ashamed of. Great season, Katelyn!

Both Morgan and Liv set great PBs in the 80m hurdles - for Liv a legal wind PB after a previous wind aided 12.40. Well done.

Katie struggled with her form after having been injured for so long. Still top-ten placings. A good rest will bring her back on track for next season.

James actually surprised by winning 4th place after having missed two weeks of practice. Great job.

Rachel finished a very good season with placing top eight in Canada in the long jump and 9th in the triple jump.

Last but not least, Madison Evans showed her fighting spirit by winning her section of the 300m hurdles finals, finishing sixth overall, repeating her 6th place finish of last year. Well done!

Katie and Katelyn won a bronze medal in the medley relay (400-200-200-800m), and Madison headed off the 4x400 relay team that finished third in the Youth category.

This has been a great season for everyone, congratulations to all!

Jan Lips
Head Coach.