

# Calgary Warriors Track Club – 2014-15 Roster

## Senior (1995 and earlier)



Petra Richard (95)

### Personal Bests

As of August 17, 2014

#### Indoor

200m	28.48
300m	45.11
400m	64.11
600m	1:45.72

#### Outdoor

100m	13.53	(+2.3)
200m	27.19	(+2.7)
	27.33	
400m	61.66	

## Junior (1996-1997)



Jake Holder (96)

#### Indoor

600m	1:34.62
800m	2:06.81
1000m	2:46.05
1500m	4:28.26

#### Outdoor

400m	57.37
800m	2:06.87
1500m	4:43.64
1 Mile	5:32.63
300m Hurdles	46.38
Long Jump	5.57m
Triple Jump	11.89m



Charlotte Terek (96)

#### Indoor

200m	26.92
300m	43.56
400m	59.62
600m	1:46.48

#### Outdoor

100m	12.75	(+2.1)
200m	25.48	
400m	57.07	

2014 Alberta Indoor Bronze Medal	400m
2014 Alberta High School Champion	400m
2014 Alberta High School Silver Medal	200m
2014 Alberta Provincial Bronze Medal	400m



Jennifer Yackel (96)

**Indoor**

60m	8.55	
200m	28.49	
300m	46.47	
400m	67.29	
800m	2:42.56	
60m Hurdles	9.62	midget
60m Hurdles	9.90	youth
High Jump	1.36	
Long Jump	4.78	
Shot Put	9.48	
Pentathlon	2594	

**Outdoor**

100m	13.86
200m	28.40
300m	44.04
400m	
80m Hurdles	12.97
100m Hurdles	15.38
300m Hurdles	48.57
High Jump	1.37m
Long Jump	4.63m
Shot Put	9.63m
Javelin Throw	27.13m
Heptathlon	3595

2012 Alberta Indoor Bronze Medal

2014 Alberta Indoor Bronze Medal

Pentathlon

Shot Put



Rochelle Jorgensen (97)

**Indoor**

60m		
200m	30.46	
300m	48.57	
400m	70.15	
600m	2:00.23	

**Outdoor**

100m	14.48	(+2.8)
200m	29.90	
300m		
400m	65.84	



Colton Schroeder (97)

**Indoor**

60m	7.90	
200m	25.84	
300m	41.27	
400m	58.91	
600m		

**Outdoor**

100m	12.25	(+3.1)
	12.44	
200m	24.35	(+3.9)
	24.62	
300m	41.16	
400m	56.02	
Long Jump	5.44m	(+2.1)
	5.26m	

## Youth (1998-1999)



James Albers (98)

<b>Indoor</b>			<b>Outdoor</b>		
60m	7.80		100m	12.06	
			200m	25.17	(NW1)
200m	25.95			25.57	
300m	43.77		300m	42.60	
60m Hurdles	9.12	Club Record	100m Hurdles	14.48	
			110m Hurdles	16.62	.99m
Pole Vault	2.85			15.55	(+2.1) .91m
				15.72	.91m
			200m Hurdles	27.79	
			Pole Vault	3.20m	Club Record

2013 Alberta Indoor Bronze Medal  
 2013 Legion Canadian Youth Championships 4th  
 2014 Alberta Indoor Gold Medal

60m Hurdles  
 100m Hurdles  
 Pole Vault



Michaela Bianchini (98)

<b>Indoor</b>			<b>Outdoor</b>	
800m	2:33.59		800m	2:28.40
1000m	3:23.88		1500m	5:13.75
1500m	5:33.65		1 mile	5:48.47



Eric Evans (98)

<b>Indoor</b>			<b>Outdoor</b>		
60m	7.96		100m	11.84	(+2.8)
200m	25.91			12.16	
300m	45.08		200m	24.99	(NW1)
60m Hurdles	10.45			25.16	
			300m	44.97	
			100m Hurdles	16.69	
			200m Hurdles	30.23	
			Pole Vault	3.00m	
			Long Jump	4.09m	



Lyndon Fischer (98)

**Indoor**

60m	8.11
200m	26.06
300m	41.72
600m	1:56.29
60m Hurdles	9.49
Pole Vault	2.65

**Outdoor**

100m	12.34
200m	26.57
300m	42.09
100m Hurdles	16.54
100m Hurdles	16.51
200m Hurdles	28.87
300m hurdles	44.52
Pole Vault	3.10m

wind +3.7

2014 Alberta Indoor Bronze Medal

2014 Western Canadian Championships Bronze Medal

Pole Vault

Pole Vault



Robert Germsheid (98)

**Indoor**

60m	8.50
300m	44.43
400m	56.82
600m	1:47.72
800m	2:11.38
1000m	2:53.42
1500m	4:33.00

**Outdoor**

800m	0.00
1200m	3:44.95
1500m	4:25.97
2000m	6:38.67



Zophie Kindrachuk (98)

**Indoor**

60m	8.25
200m	29.23

**Outdoor**

100m	12.82	(+2.1)
	13.14	
200m	27.17	



Tyler Kiyonaga (98)

**Indoor**

60m	9.14
200m	30.75
300m	47.51
600m	1:45.59
800m	2:28.65
1200m	3:56.60
1500m	4:35.77
3000m	9:55.49

**Outdoor**

800m	2:18.92
1200m	3:35.43
1500m	4:20.06
2000m	6:24.61
3000m	9:30.28

Tyler Kiyonaga (98)

2013 Alberta Provincial Silver Medal 2000m  
 2014 Alberta Provincial Bronze Medal 1500m  
 2014 Alberta Provincial Bronze Medal 3000m



Morgan Kravtsov (98)

**Indoor**

60m 8.54  
 200m 27.77  
 300m 45.02  
 400m 63.57  
 60m Hurdles 9.16  
  
 Long Jump 4.89  
 Triple Jump 10.67  
 High Jump 1.37  
 Pole Vault 2.50

**Outdoor**

100m  
 200m 27.42  
 300m 43.93  
 400m 64.59  
 80m Hurdles 12.38  
 100m Hurdles 15.21 .84m  
 15.08 .76m  
 200m Hurdles 29.91  
 300m Hurdles 46.51  
  
 High Jump 1.33m  
 Pole Vault 2.80m  
 Long Jump 5.04m  
 Triple Jump 10.70m (+5.0)  
 10.30m  
 Shot Put 8.33m  
 Javelin Throw 22.38m  
 Pentathlon 3778

2012 Alberta Indoor Champion 60m Hurdles  
 2012 Alberta Indoor Bronze Medal Triple Jump  
 2013 Alberta Indoor Bronze Medal 60m Hurdles  
 2013 Alberta Indoor Silver Medal Triple Jump  
 2014 Alberta Indoor Bronze Medal Pole Vault  
 2014 Alberta Indoor Bronze Medal Triple Jump  
 2014 Alberta Provincial Champion Heptathlon  
 2014 Alberta High School Silver Medal 80m Hurdles  
 2014 Alberta High School Silver Medal Pole Vault  
 2014 Alberta Provincial Bronze Medal Pole Vault  
 2014 Alberta Provincial Silver Medal Triple Jump



Rachel Mathieson (98)

**Indoor**

60m 8.31  
 200m 27.59  
 400m 67.84  
 60m Hurdles 10.00  
  
 High Jump 1.34  
 Long Jump 5.19  
 Triple Jump 10.83 Club Record  
 Shot Put 6.55  
 Pentathlon 2301

**Outdoor**

100m 12.83 (+2.1)  
 12.86  
 200m 26.54  
 300m 44.91  
 80m Hurdles 13.47  
 200m Hurdles 30.73  
 High Jump 1.40  
 Long Jump 5.30m  
 Triple Jump 10.99m

2013 Alberta Indoor Champion Long Jump  
 2013 Alberta Indoor Bronze Medal Triple Jump  
 2013 Alberta Provincial Silver Medal Long Jump

Rachel Mathieson (98)

2013 Alberta Provincial Silver Medal	Triple Jump
2013 Western Canadian Championships Bronze Medal	Triple Jump
2013 Legion Canadian Youth Championships 8th	Long Jump
2014 Alberta Indoor Gold Medal	Long Jump
2014 Alberta Indoor Silver Medal	Triple Jump
2014 Alberta High School Silver Medal	Long Jump
2014 Alberta High School Champion	Triple Jump
2014 Alberta Provincial Champion	Triple Jump
2014 Alberta Provincial Bronze Medal	Long Jump
2014 Legion Canadian Youth Championships 8th	Long Jump



Briar Nelson (98)

Indoor		Outdoor		
60m	8.87	100m	14.04	(+2.6)
200m	30.12		14.11	
300m	50.65	200m	29.72	
60m Hurdles	10.50			
Long Jump	4.07	80m Hurdles	14.71	
		100m Hurdles	18.17	NWI
		200m Hurdles	33.77	
		Long Jump	3.62m	



Chloe Nelson (98)

Indoor		Outdoor		
60m	9.06	100m	14.06	(+2.6)
200m	30.69		14.20	
300m	51.13	200m	29.81	
60m Hurdles	10.34	80m Hurdles	14.23	
Long Jump	3.87	100m Hurdles		
		200m Hurdles	32.44	
		Long Jump	3.83m	(+2.6)
			3.65m	



Katelyn Slessor (98)

Indoor		Outdoor		
60m	7.94	100m	12.58	Club Record
200m	26.91		12.46	(+2.4)
300m	45.82	200m	25.54	
60m Hurdles	8.99**		25.40	(+3.3)
60m Hurdles	8.95	300m	43.69	
Long Jump	4.44	80m Hurdles	11.61 **	Club Record Midget
		80m Hurdles	11.55	High School Record
		100m Hurdles	13.92**	Club Record Youth
			14.83	.84m
		Long Jump	4.44m	
		Javelin Throw	19.61m	
			** Provincial Record	

Katelyn Slessor (98)

2013 Alberta Indoor Silver Medal	60m
2013 Alberta Provincial Silver Medal	100m
2013 Alberta Provincial Bronze Medal	200m
2013 Alberta Provincial Silver Medal	80m Hurdles
2013 Western Canadian Championships Bronze Medal	100m
2013 Western Canadian Championships Champion	80m Hurdles
2013 Legion Canadian Youth Championships 4th	80m Hurdles
2014 Alberta Indoor Silver Medal	60m
2014 Alberta Indoor Silver Medal	60m Hurdles
2014 Abertal High School Champion	100m
2014 Abertal High School Champion	80m Hurdles
2014 Alberta Provincial Champion	100m Hurdles
2014 Western Canadian Championships Champion	100m Hurdles
2014 Canadian Youth Championships Bronze Medal	100m Hurdles



Lauren Smith (98)

Indoor		Outdoor	
60m	9.57		
300m	49.87		
400m	69.23	400m	69.15
600m	1:58.02		
800m	2:41.62	800m	2:41.40
1000m	3:51.40		
1200m	4:38.05	1200m	4:38.82



Amanda Sparrow (98)

Indoor		Outdoor	
60m	8.74	100m	13.13
200m	29.47	200m	27.22



Katie Yackel (98)

Indoor		Outdoor	
60m	8.38	100m	
200m	27.22	200m	27.29
300m	43.47	300m	43.47
400m	62.79	400m	61.22
800m	2:34.32	800m	2:33.66
60m Hurdles	9.15	80m Hurdles	12.03
High Jump	1.49	100m Hurdles	14.75
Long Jump	4.98		14.58 (+2.7)
Triple Jump	10.86		15.03 .84m
Shot Put	10.65	Club Record 200m Hurdles	28.23 ** Club Record
Pentathlon	3113	Club Record 300m Hurdles	45.59



Katie Yackel (98)

High Jump	1.45m	
Long Jump	4.82m	
Triple Jump	11.46m	Club Record
Shot Put	9.01m	Club Record
Javelin Throw	30.16m	Midget
Pentathlon	2834 **	Club Record
	** Provincial Record	

2012 Alberta Indoor Champion	Pentathlon
2012 Alberta Indoor Champion	Triple Jump
2012 Alberta Indoor Silver Medal	60m Hurdles
2012 Alberta Provincial Champion	Triple Jump
2012 Alberta Provincial Silver Medal	Long Jump
2012 Alberta Provincial Silver Medal	80m Hurdles
2012 Western Canadian Championships Silver Medal	80m Hurdles
2012 Western Canadian Championships Bronze Medal	200m Hurdles
2012 Western Canadian Championships Silver	Triple Jump
2012 Legion Canadian Youth Championships 5th	Pentathlon
2013 Alberta Indoor Bronze Medal	Pentathlon
2013 Alberta Indoor Champion	300m
2013 Alberta Indoor Champion	Triple Jump
2013 Alberta Indoor Silver Medal	80m Hurdles
2013 Alberta Provincial Bronze Medal	80m Hurdles
2013 Alberta Provincial Silver Medal	200m Hurdles
2013 Alberta Provincial Bronze Medal	Javelin Throw
2013 Western Canadian Championships Bronze Medal	80m Hurdles
2013 Western Canadian Championships Silver Medal	200m Hurdles
2013 Western Canadian Championships Silver Medal	Javelin Throw
2014 Alberta Indoor Silver Medal	Pentathlon
2014 Alberta Indoor Gold Medal	Triple Jump
2014 Alberta High School Bronze Medal	80m Hurdles
2014 Western Canadian Championships Bronze Medal	300m Hurdles
2014 Legion Canadian Youth Championships 5th	Triple Jump



Jordan Samson (98)

Indoor		Outdoor	
60m	8.44	100m	13.52
200m	27.81	200m	27.21
300m	44.20	300m	41.93
400m	67.49		
60m Hurdles	11.06		
		200m Hurdles	29.26
Long Jump	3.80	Long Jump	3.74
High Jump	1.10		





Claire Fioretti (99)

Indoor	
60m	9.49
150m	23.42
600m	1:54.50
800m	2:36.37
1000m	3:29.61
1200m	4:13.93
High Jump	1.15
Long Jump	3.18
Shot Put	5.20

Outdoor	
800m	2:36.33
1200m	4:08.43
1 mile	5:53.37

Club Record



Ioana Marcu (99)

Indoor	
60m	9.42
150m	23.85
200m	32.15
300m	
Long Jump	3.64

Outdoor	
Shot Put	7.10m
Discus Throw	18.94m



Anna Timm (99)

**Indoor**

Outdoor	
100m	14.12
200m	28.82 (+2.1)
	28.99
Long Jump	4.27m



Kai Spierenburg (99)

Indoor	
60m	7.46
150m	18.14
200m	23.85
300m	38.28
600m	1:30.91
60m Hurdles	8.73
Long Jump	4.73

Outdoor	
100m	11.69
200m	23.72
300m	23.19
400m	37.00
100m Hurdles	52.41
200m Hurdles	13.70
300m Hurdles	13.63
	25.77
	25.05
	42.62

Club Record

Club Record

(+3.4)

Club Record

Club Record

(+2.2)

Club Record

(+2.6)

Kai Spierenburg (99)

2013 Alberta Provincial Silver Medal	100m Hurdles
2013 Alberta Provincial Silver Medal	200m Hurdles
2014 Alberta Indoor Gold Medal	300m
2014 Alberta Indoor Gold Medal	60m Hurdles
2014 Alberta Indoor Silver Medal	60m
2014 Alberta Indoor Silver Medal	200m
2014 Alberta Provincial Champion	100m Hurdles
2014 Alberta Provincial Champion	200m Hurdles
2014 Alberta Provincial Silver Medal	200m
2014 Alberta Provincial Silver Medal	300m
2014 Western Canadian Championships Champion	100m Hurdles
2014 Western Canadian Championships Champion	200m Hurdles



Daniel van der Merwe (99)

**Indoor**

300m	40.72
600m	1:35.51
800m	2:16.74
1000m	
1200m	3:42.60

**Outdoor**

800m	2:10.38	
1200m	3:41.29	
2000m	6:46.61	
Triple Jump	12.03m	Club Record

Pedro Pardo (99)

1200m	3:40.29
2000m	6:24.02



Quinn van Roessel (99)

**Indoor**

60m	8.05
150m	20.99
200m	26.66
300m	40.72
60m Hurdles	9.39
Long Jump	5.41

**Outdoor**

100m	13.48	
100m	12.94	wind +3.5
200m	24.80	
300m	42.26	
100m Hurdles	14.70	
	14.59	(+2.2)
200m Hurdles	26.84	
	26.22	(+2.6)
Long Jump	5.80m	Club Record

2014 Western Canadian Championships Bronze Medal	200m Hurdles
2014 Western Canadian Championships Silver Medal	Long Jump



Johnny Zou (99)

**Indoor**

600m 1:43.34

**Outdoor**

**Midget (2000-2001)**



Ali Carruthers (00)

**Indoor**

60m 8.11  
 150m 20.31  
 200m 27.50  
 300m 45.00  
 Long Jump 4.64

**Outdoor**

100m 12.76 Club Record  
 200m 25.86 Club Record  
 Long Jump 4.34m (+2.6)  
 Shot Put 7.84m  
 Discus Throw 19.63m

2014 Legion Canadian Youth Championships 5th 100m  
 2014 Legion Canadian Youth Championships 4th 200m



Catherine Carruthers (00)

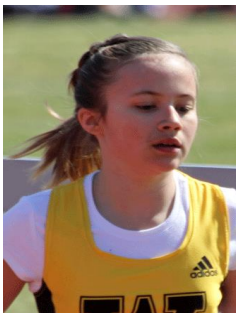
**Indoor**

60m 8.23  
 150m 20.25  
 200m 27.72  
 300m 44.36  
 Long Jump 3.98

**Outdoor**

100m 13.15  
 200m 12.85 (+3.9)  
 80m Hurdles 12.41  
 Shot Put 8.40m  
 Discus Throw 22.51m  
 Javelin Throw 21.08m

2014 Alberta Indoor Bronze Medal 60m  
 2014 Alberta Provincial Champion 200m  
 2014 Alberta Provincial Silver Medal 100m  
 2014 Western Canadian Championships Silver Medal 80m Hurdles



Gillian Dennehy (00)

**Indoor**

600m 2:08.38  
 800m 2:54.16

**Outdoor**

800m 2:56.06  
 1200m 4:56.16



Marissa Kerr (00)

Indoor	
60m	10.18
200m	25.39
300m	50.21
600m	1:58.26
800m	2:47.13
1000m	
1200m	4:27.99

Outdoor	
80m	12.60
100m	15.91
800m	2:41.50
1200m	4:35.09
80m Hurdles	18.90
Long Jump	3.21
Discus Throw	13.63



Lisa Cozma (01)

Indoor	
60m	8.46
150m	21.06
600m	2:03.08
800m	3:00.89
1000m	4:00.77
60m Hurdles	11.87
Long Jump	4.03
High Jump	1.10
Shot Put	6.32

Outdoor	
80m	11.50
100m	14.01
100m	13.92
150m	21.63
200m	29.69
600m	2:07.47
80m Hurdles	16.87
Long Jump	4.14
Triple Jump	8.89
High Jump	1.15
Shot Put	7.27m
Discus Throw	22.63m

wind +2.7

Club Record  
Multi Events

2014 Alberta Indoor Silver Medal

Ella Dickie (01)

600m	2:02.52
800m	2:43.20

Victoria Maybaum (01)

150m	22.02
800m	2:37.91
1200m	4:33.14
80m Hurdles	15.49
Long Jump	3.18m
Shot Put	5.60m

### Bantam (2002-2003)



Ally Remington (02)

Indoor	
60m	9.54
150m	24.66
600m	2:09.78
800m	
1000m	3:44.60

Outdoor	
80m	12.76
600m	1:54.23
800m	2:38.02
1200m	4:38.96

Club Record  
Club Record  
Club Record