

## 2022 Pandas Open

The 2022 Pandas Open was held in Edmonton from February 11 to 13. Only three Calgary Warriors Track Club athletes competed but they came with a reason and a purpose.

Zach, ran the U18 1000m and 600m events. He placed 3<sup>rd</sup> in the 1000m and 4<sup>th</sup> in the 600m. Zach achieved a personal best in the 600m, with a time of 1:38.53, improving 2.66 seconds from his previous time. Congrats to Zach, who I'm sure we will see more of in the near future!

Sorcha, needs no introduction! She is one of the top athletes of our club. This weekend she showed why that is so! Sorcha competed in the 300m and 600m events. She placed 1<sup>st</sup> in the 600m by running 1:35.45 for a new personal best and missed the club record by only 0.19 second. She went into the event ranked number one in Canada in the U18 category and has maintained the position. In the 300m event, Sorcha was 1<sup>st</sup> with a time of 42.48 breaking the club record that stood since 2005. She is currently ranked number 3 in Canada for the 300m. Congrats to Sorcha!

Ryan is another athlete who needs no introduction. He is the club's oldest sprinter and top hurdler for years. This year, Ryan moved up to Open/U23 60m hurdles, which are the Olympic height of 42 inches (1.07 meters). After a struggle in the 2 previous meets, Ryan found his rhythm by running an 8.17 for the win and a personal best. Ryan is currently ranked 3<sup>rd</sup> in Canada for this event. Ryan also set a new Pandas Open meet record with that time! In the 300m event, Ryan improved his personal best from 36.37 to 36.17 and placed 2<sup>nd</sup>. Ryan failed to achieve a personal best in the 60m, but it wasn't from a lack of trying.

Hats off to these wonderful athletes whose futures appear to be whatever they decide to make of them!

Coach Ken