

Matthew Townley-Smith

I grew up in Saskatchewan and attended the University of Saskatchewan to earn my Bachelor of Education in Math and Physics. When I started teaching in Calgary in 2006 I took up coaching high school volleyball and track and field. I also returned to competing in track and field with UCAC for a couple of years. However, my love of coaching took over as I coached a season of club volleyball with the Cochrane Jaguars, and then began coaching club track and field with the Airdrie Aces in 2012.

My experience teaching and working with high school aged youth has given me a great background to bring into coaching. I strive to have an athlete centred program that focuses on my athlete's strengths and attempts to address their weaknesses. I understand the importance of being a multi-sport athlete especially for jumpers and have coached many multi-sport jumpers throughout my coaching. My hope for my athletes is that they develop a love for the sport of track and field and sports in general.

I am an NCCP club coach trained in both jumps and sprints. I have had the pleasure of coaching a number of ASAA provincial champions and competitors. With both the Airdrie Aces and Calgary Warriors, I have had athletes make the Legion National team and have developed national finalists and champions, and provincial record holders.